

[Join Today!](#)

Happy Fall!

Member Spotlight



Tandeka Boko, MD

Congratulations to Dr. Boko, who was invited to the EcoFAB 2025 Meeting and presented her research entitled, "Uncovering the Hidden Volatile Language of Pine Tree Roots: C₁-C₁₀ Volatiles and Ammonia Profiling During Growth, Drought Stress, and Hydration-Recovery Dynamics."

Contact Madison to be featured on our member spotlight and share your recent accomplishments with the community!



Heidi Mansour, PhD

Congratulations to Dr. Heidi Mansour, who was recently awarded Fellow of the AAPS. This award is in recognition of professional excellence, sustained positive impact on global health, and whose outstanding scientific accomplishments distinguish her as a leader in her field!

Announcements

AWIS-NC Volunteer Recognition Awards

AWIS-NC is proud to honor the outstanding contributions of its volunteers through the Volunteer Recognition Awards. This year, special recognition goes to Cami and Madison, Communications Co-Chairs, as Best Communicators for their exceptional work in promoting AWIS-NC's mission and programs.

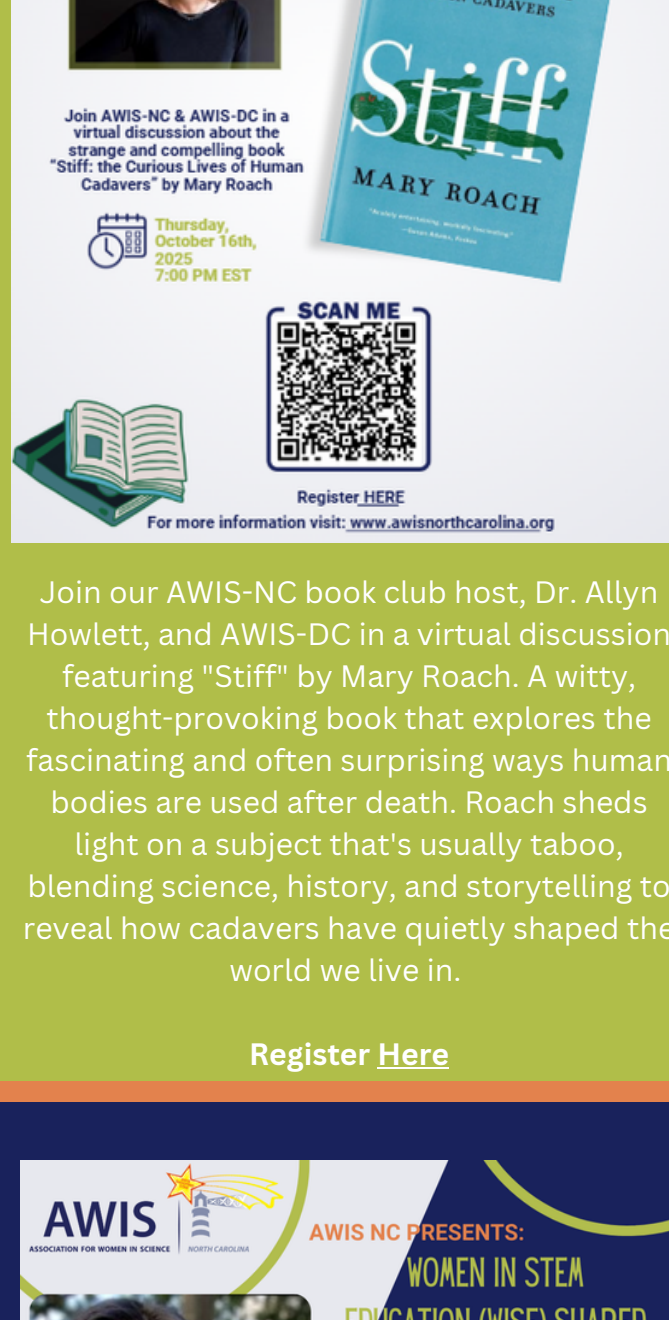
Congratulations to all our dedicated volunteers who help make AWIS-NC thrive!



Celebrating Women Postdocs with AWIS!

In honor of Postdoc Appreciation Week, we partnered with the Wake Forest Postdoc Association to host a special event on September 16 at Lot63 Coffee in Old Salem. The gathering celebrated women postdocs and offered an introduction to AWIS and its membership benefits. One attendee shared how AWIS workshops have positively influenced her professional development, highlighting the value of community and support in advancing women in science.

Upcoming Events



AWIS VIRTUAL BOOK CLUB

Join AWIS-NC & AWIS-DC in a virtual discussion about the strange and compelling book "Stiff: the Curious Lives of Human Cadavers" by Mary Roach

Thursday, October 16th, 2025
7:00 PM EST

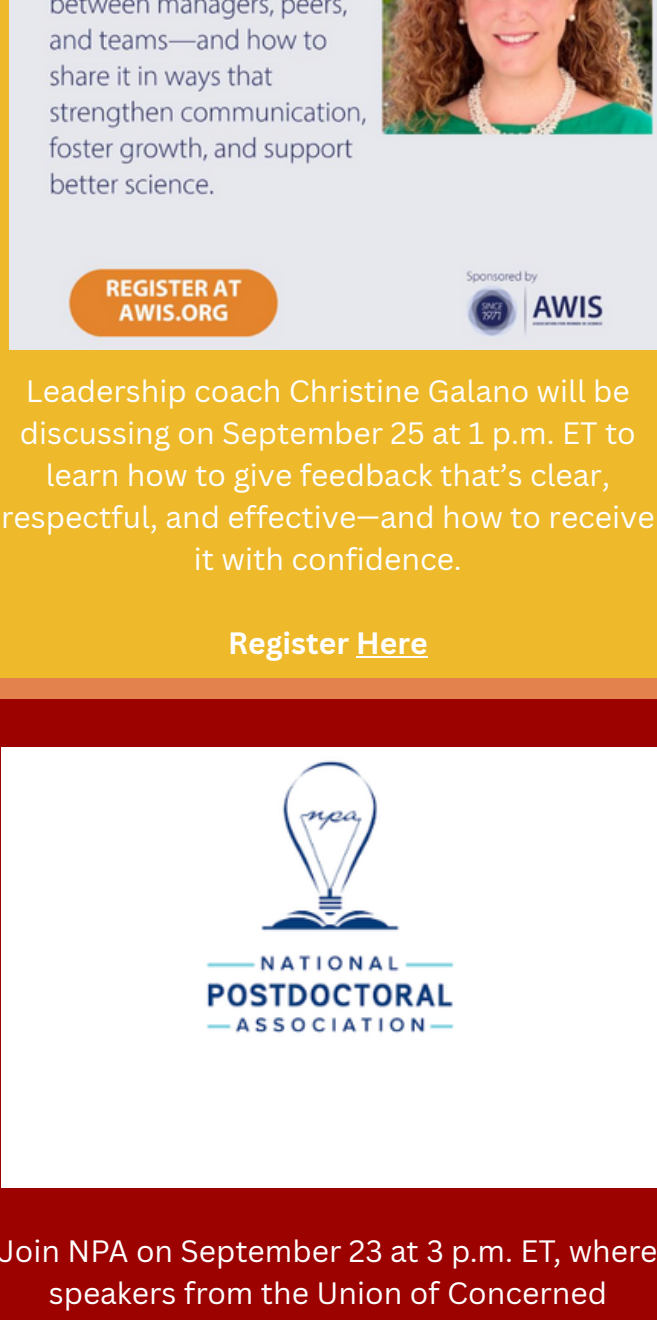
SCAN ME

Register HERE

For more information visit: www.awisnorthcarolina.org

Join our AWIS-NC book club host, Dr. Allyn Howlett, and AWIS-DC in a virtual discussion featuring "Stiff" by Mary Roach. A witty, thought-provoking book that explores the fascinating and often surprising ways human bodies are used after death. Roach sheds light on a subject that's usually taboo, blending science, history, and storytelling to reveal how cadavers have quietly shaped the world we live in.

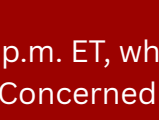
[Register Here](#)



Elevate Performance: Tips for Giving (and Receiving) Feedback

- September 25 at 12 p.m. ET
- Christine Galano
- Explore how feedback flows between managers, peers, and teams—and how to share it in ways that strengthen communication, foster growth, and support better science.

REGISTER AT AWIS.ORG

Sponsored by 

Leadership coach Christine Galano will be discussing on September 25 at 1 p.m. ET to learn how to give feedback that's clear, respectful, and effective—and how to receive it with confidence.

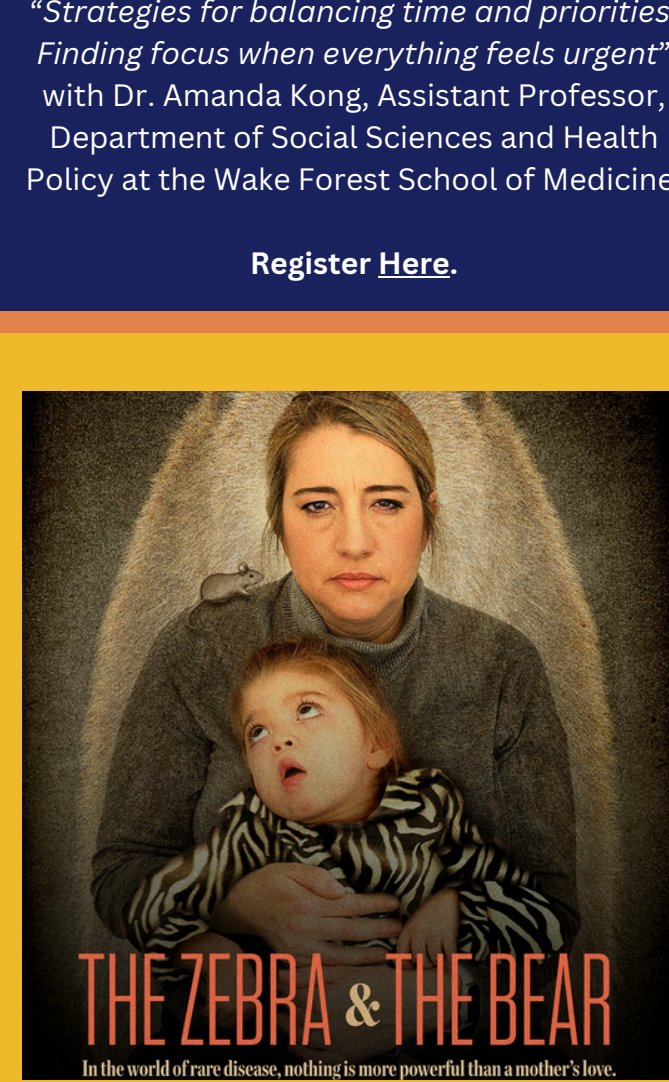
[Register Here](#)



NATIONAL POSTDOCTORAL ASSOCIATION

Join NPA on September 23 at 3 p.m. ET, where speakers from the Union of Concerned Scientists will discuss how independent science and analysis can and should inform public policy to secure impactful policy outcomes for people and the planet. They'll share their experience in engaging scientists, engineers, public health professionals, and social scientists in science advocacy.

[Register Here](#)



AWIS NC PRESENTS: WOMEN IN STEM EDUCATION (WISE) SHARED EXPERIENCE TALKS

"Strategies for balancing time and priorities: Finding focus when everything feels urgent"

Thursday, October 2nd, 2025
12:00 PM ET

REGISTER HERE: 

Learn more at www.awisnorthcarolina.org

Join us for our last WISE series discussion, "Strategies for balancing time and priorities: Finding focus when everything feels urgent" with Dr. Amanda Kong, Assistant Professor, Department of Social Sciences and Health Policy at the Wake Forest School of Medicine.

[Register Here.](#)

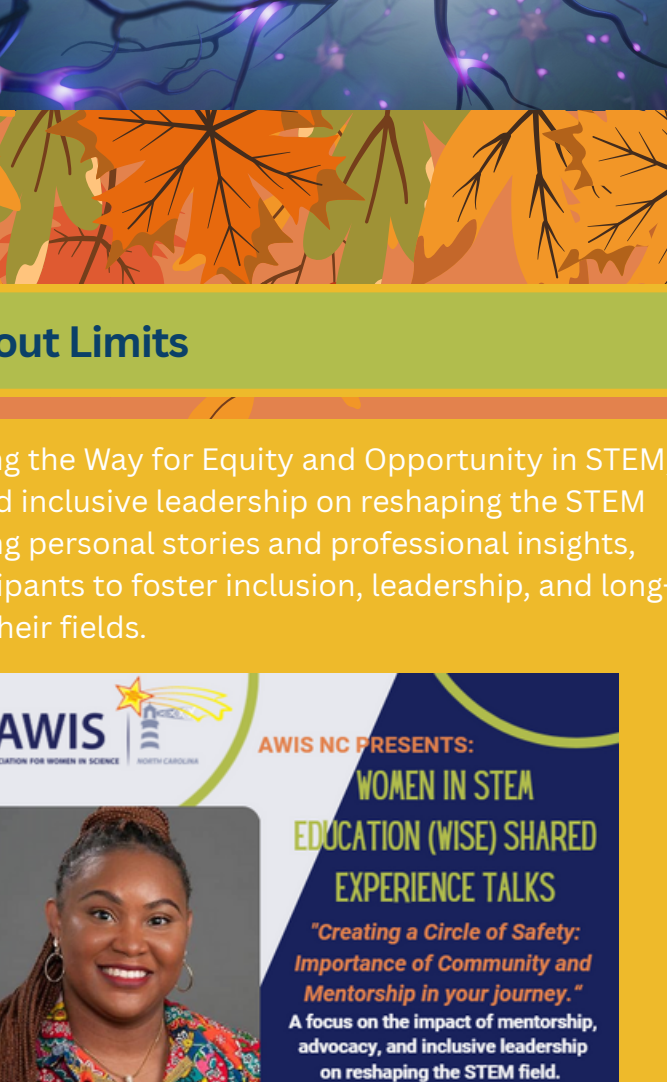


THE ZEBRA & THE BEAR

In the world of rare disease, nothing is more powerful than a mother's love.

AWIS is sponsoring a free virtual screening of The Zebra & The Bear from October 6-12.

[Register Here](#)



The AWIS Award nominations deadline has been extended to September 22nd, 2025! These honors celebrate AWIS members who demonstrate exceptional leadership, innovative thinking, and a strong commitment to inclusivity across all career stages—from students and early-career professionals to seasoned leaders.

[Register Here](#)

2025 WISE Without Limits

This year's theme, WISE Without Limits: Women Paving the Way for Equity and Opportunity in STEM, focuses on the impact of mentorship, advocacy, and inclusive leadership on reshaping the STEM field. Each session features inspiring women sharing personal stories and professional insights, sparking meaningful dialogue and empowering participants to foster inclusion, leadership, and long-term success in their fields.



AWIS NC PRESENTS: WOMEN IN STEM EDUCATION (WISE) SHARED EXPERIENCE TALKS

"Navigating change and paving roads on the plant path"

Focusing on the impact of mentorship, advocacy, and inclusive leadership in the field of plant science

Thursday, June 5th, 2025
12:00 PM ET

REGISTER HERE: 

Learn more at www.awisnorthcarolina.org



AWIS NC PRESENTS: WOMEN IN STEM EDUCATION (WISE) SHARED EXPERIENCE TALKS

"Creating a Circle of Safety: Importance of Community and Mentorship in your journey."

A focus on the impact of mentorship, advocacy, and inclusive leadership on reshaping the STEM field.

Thursday, August 14th, 2025
12:00 PM ET

REGISTER HERE: 

Learn more at www.awisnorthcarolina.org



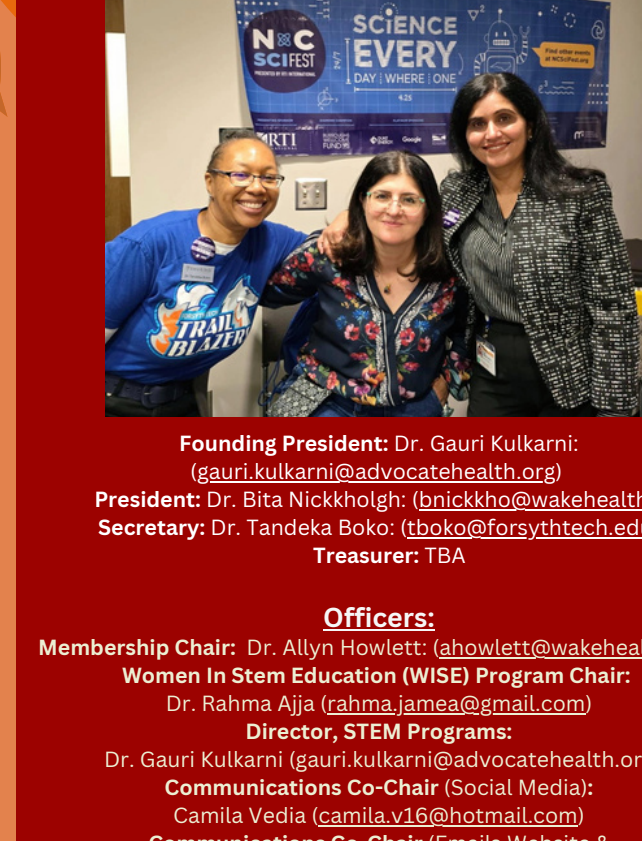
AWIS NC PRESENTS: WOMEN IN STEM EDUCATION (WISE) SHARED EXPERIENCE TALKS

"Creating a career in Science. One job at a time"

Thursday, September 4th, 2025
12:00 PM ET

REGISTER HERE: 

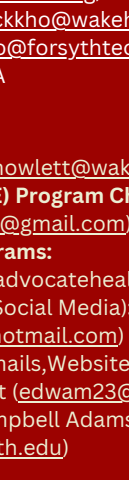
Learn more at www.awisnorthcarolina.org



AWIS NC PRESENTS: WOMEN IN STEM EDUCATION (WISE) SHARED EXPERIENCE TALKS

"Strategies for balancing time and priorities: Finding focus when everything feels urgent"

Thursday, October 2nd, 2025
12:00 PM ET

REGISTER HERE: 

Learn more at www.awisnorthcarolina.org

FY2025-26-Chapter Governance



Founding President: Dr. Gauri Kulkarni: (gauri.kulkarni@advocatehealth.org)
President: Dr. Bita Nickkholgh: (bnickkholgh@wakehealth.edu)
Secretary: Dr. Tandeka Boko: (tboko@forsythtech.edu)
Treasurer: TBA

Officers:
Membership Chair: Dr. Allyn Howlett: (ahowlett@wakehealth.edu)
Women In Stem Education (WISE) Program Chair: Dr. Rahms Aija: (rahma.ajia@gmail.com)
Director, STEM Programs: Dr. Gauri Kulkarni: (gauri.kulkarni@advocatehealth.org)
Communications Co-Chair (Social Media): Camila Vedia: (camila.v16@hotmail.com)
Communications Co-Chair (Emails, Website & Newsletter): Madison Edwards Barnett: (admaw23@wfu.edu)
Outreach Chair: Dr. Karri Campbell Adams: (karadams@wakehealth.edu)

Interested in participating as a speaker or suggesting topics/speakers for our events? Please let us know at: awisnorthcarolina@gmail.com
[JOIN AWIS Today](#)

Calling All Leaders Within You!

We seek talented leaders like you to help us advance with greater efficiency and impact. We would love to hear from you if you can contribute just a few hours per month! Reach out to us at awisnorthcarolina@gmail.com to with your interests and explore positions.

Our Mission

Educate, Enrich, Empower

Driving Excellence in STEM (science, technology, engineering, and mathematics) by achieving diversity inclusion, equal opportunity, encouragement, and full engagement of women in all scientific disciplines and across all employment sectors of STEM.

